

Dorsal inlay buccal mucosal graft (Asopa) urethroplasty for anterior urethral stricture

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Abstract: Asopa described the inlay of a graft into Snodgrass's longitudinal urethral plate incision using a ventral sagittal urethrotomy approach in 2001. He claimed that this technique was easier to perform and led to less tissue ischemia due to no need for mobilization of the urethra. This approach has subsequently been popularized among reconstructive urologists as the dorsal inlay urethroplasty or Asopa technique. Depending on the location of the stricture, either a subcoronal circumferential incision is made for penile strictures, or a midline perineal incision is made for bulbar strictures. Other approaches for penile urethral strictures include the non-circumferential penile incisional approach and a penoscrotal approach. We generally prefer the circumferential degloving approach for penile urethral strictures. The penis is de-gloved and the urethra is split ventrally to exposure the stricture. It is then deepened to include the full thickness of the dorsal urethra. The dorsal surface is made raw and grafts are fixed on the urethral surface. Quilting sutures are placed to further anchor the graft. A Foley catheter is placed and the urethra is retubularized in two layers with special attention to the staggering of suture lines. The skin incision is then closed in layers. We have found that it is best to perform an Asopa urethroplasty when the urethral plate is ≥ 1 cm in width. The key to when to use the dorsal inlay technique all depends on the width of the urethral plate once the urethrotomy is performed, stricture etiology, and stricture location (penile *vs.* bulb).

Keywords: Dorsal inlay urethroplasty; ventral sagittal urethrotomy; anterior urethral stricture repair

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Background and evolution of the Asopa urethroplasty

The Asopa urethroplasty is named after the Indian urologist, Hari Shankar Asopa, who was born on July 7, 1934. He completed his medical and postgraduate education at the Sarojini Maide Medical College in Agra, India. He is known for several novel techniques in urethral reconstruction, including a one-stage operation for hypospadias using a preputial skin tube (1). He also devised the vascularized double skin island technique (Asopa II) (2). Regarding urethral stricture disease, he invented 'the dorsal free graft urethroplasty for urethral strictures using ventral sagittal urethrotomy approach' (3). This has been popularized among reconstructive urologists as the "dorsal inlay"

urethroplasty or 'Asopa' technique.

In looking at the evolution of urethroplasty, in the 1950s, Sir Denis Browne first described that a buried strip of skin will epithelialize the surrounding tissue into a tube (4). Snodgrass developed a technique in 1994 that involved deep longitudinal incision of the urethral plate, which allowed for tubularization of the urethra without the need for additional flaps for hypospadias repair (5). The key feature to the hypospadias urethral plate is that it is normal, so incising the plate and catheterizing will allow for epithelialization. This is very different from urethral stricture reconstruction, where the plate is scarred and the blood supply compromised, so epithelialization from the edge is typically poor—so incision of the plate alone often fails without an inlay graft (3).

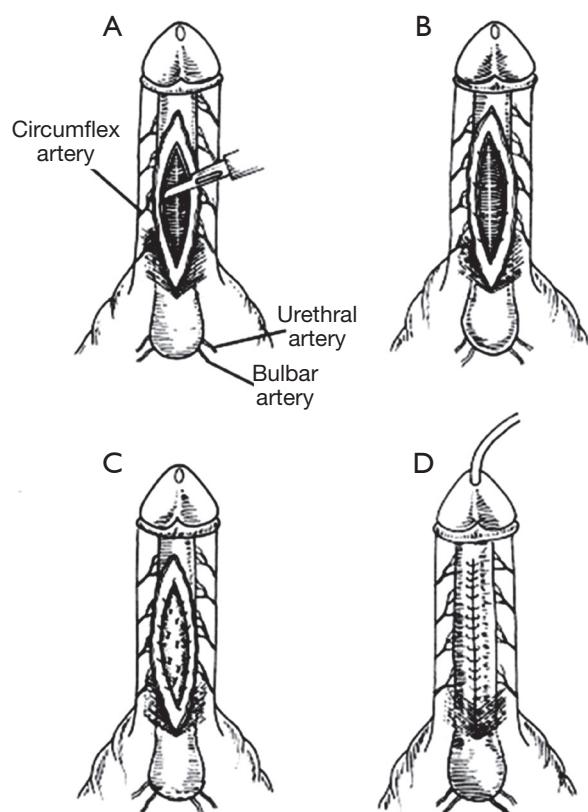


Figure 1 Cartoon of dorsal inlay urethroplasty in the technique of Asopa (Images courtesy R. Asopa). Republished with permission from Elsevier (3).

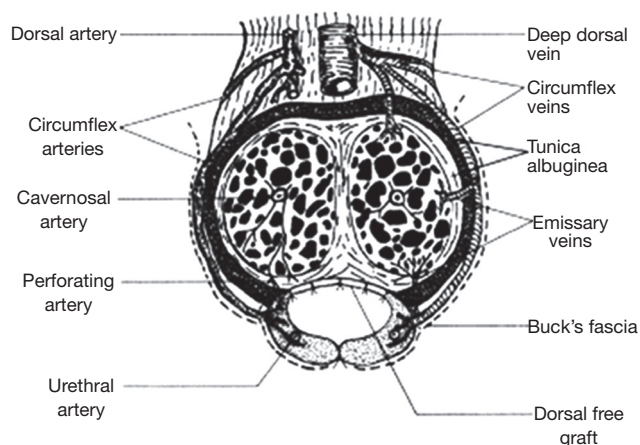


Figure 2 Cartoon of coronal view of the penis demonstrating the dorsal inlay graft quilted to the corpora (Image courtesy R. Asopa). Republished with permission from Elsevier (3).

Barbagli introduced the use of dorsally placed onlay grafts in 1998 for urethral stricture reconstruction, suggesting that the corpora provided a superior host bed for underlying support and blood supply for the graft (6). Asopa later described an inlay of a graft into Snodgrass's longitudinal urethral plate incision using a ventral sagittal urethrotomy approach in 2001. Some colloquially refer to this technique as a 'Snod-graft'. Asopa stated that this technique was easier to perform and led to less tissue ischemia due to no need for mobilization of the urethra, reporting success rates of 87% (3). Around the same time, Hayes and Malone described a similar approach for use in stenosed hypospadias repair (7).

Asopa urethroplasty technique

Depending on the location of the stricture, either a subcoronal circumferential incision is made for penile strictures, or a midline perineal incision is made for bulbar strictures. In cases of pan-urethral strictures, both incisions are often made. The penis is then de-gloved and the urethra is split ventrally to expose the stricture with extension of the incision approximately 1.0-1.5 cm proximally and distally into non-scarred urethra. Through the ventral urethrotomy, the exposed dorsal urethra is incised in the midline down to the tunica. The margins of the incised dorsal urethra are then dissected from the tunica by sharp dissection with the belly of a scalpel—thus creating an elliptical shaped raw area where the graft is placed. Interrupted sutures are used to fix the margins of the graft to the edges of urethra and tunica albuginea. The graft is then quilted in the midline to the underlying corpora with interrupted sutures (*Figures 1-3*). A 16 Fr Foley catheter is placed and the urethra is retubularized in two layers with special attention to the staggering of suture lines. The skin incision is then closed in multiple layers and a dressing is applied (3). The main advantage of the Asopa technique is that the grafting space is created without lifting the urethral plate halves from the corpora and thus preserves the circumflex and perforating arteries to the spongiosum. The main drawback is that the dorsal augmentation of the Asopa is the graft is less wide than that can be achieved with the Barbagli dorsal technique where the urethral plate is lifted from the corpora.

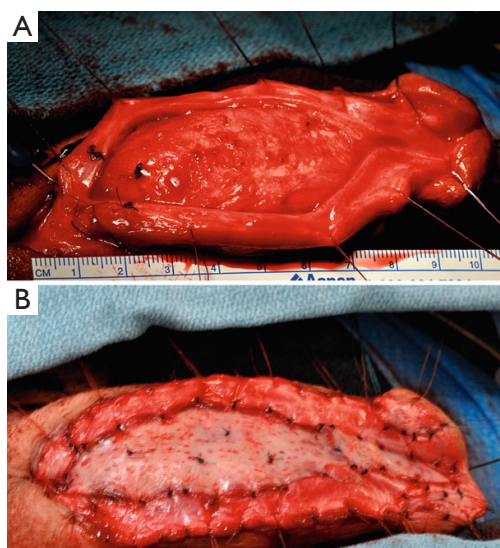


Figure 3 (A) Ventral urethrotomy with divided urethral plate; (B) dorsal inlay buccal graft sewn into place with interrupted sutures. Republished with permission from Springer Science and Bus Media B V (8).

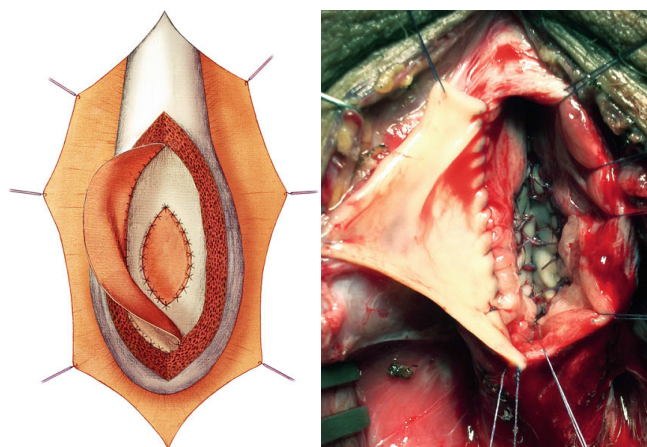


Figure 4 Double overlapping oral grafts to a bulbar urethral stricture. The second buccal mucosal graft is sutured laterally to the right mucosal margin of the urethral plate. Republished with permission from Springer Science and Bus Media B V (19).

Types of grafts for dorsal inlay

There are also many variations in the type of graft that can be inlayed using the Asopa technique. Historically, penile skin grafts harvested from the prepuce have been used in dorsal onlay grafts with reasonable success (9). Skin grafts are desirable given the ease of harvest and the large amount of graft that is available if the surgeon considers

harvesting from the flank or anterior thigh, rather than only the prepuce. However, outcomes of this technique have been shown to be inferior to buccal mucosal grafting. Thus, the use of buccal mucosa is more widely accepted in contemporary practice, as a more standard of care (10). Oral mucosal grafts are easy to harvest from a well-concealed donor site, have a wet mucosa, are resistant to infection, and provide a thick epithelium, high capillary density, and thin lamina propria. All major advantages to promoting imbibition and graft take (11). Such grafts have a reported long term success rates of up to 87% (3). Oral discomfort and tightness of the mouth are the most reported complications, with very rare reports of peri-oral numbness and motor deficits (12).

Contraindications to oral mucosal grafting, such as oral leukoplakia or prior radiation of the graft sites, can necessitate the use of either skin grafting or newer, less widely accepted techniques (13), such as the use of lip or lingual mucosa, or tissue matrix [small intestinal submucosa (SIS)], tunica vaginalis, or postauricular skin (14,15). SIS is desirable as an off the shelf product, but success rates have been very mixed, with short follow up (16). Lip or lingual mucosa is quite easy to harvest, but there is limited availability of tissue and donor site morbidity is higher than with buccal site harvesting—especially when long grafts are harvested (17). Lingual grafts are often thinner in width and depth (usually 1-1.5 cm at best in width), and rather flimsy compared to buccal grafts. Tunica vaginalis and postauricular skin grafts show promise but there is currently limited data and short follow up (18).

Double overlapping oral grafts

Since the inception of the dorsal inlay graft, several variations in technique have been described. Palminteri and colleagues reported that in addition to placement of a dorsal inlay buccal mucosal graft (BMG) via a ventral sagittal approach (Asopa), a ventral onlay buccal graft could be added as well (Figure 4). Following dorsal augmentation, the urethra is grafted ventrally with another buccal graft, and then covered with the thick ventral spongiosum, as a “spongioplasty”. The main role for double dorsal-ventral grafting is for tight strictures, with a narrow urethral plate, such that a single graft would be insufficient to reconstructing a urethral lumen of reasonable diameter. Potential post-operative sexual side effects are theoretically avoided by not transecting the urethra and preserving the urethral plate and vascularity. Palminteri reported success

rates of up to 90% in medium length strictures (14,20,21). Most recently, Chen *et al.* described the use of a BMG ventral onlay with dorsal full-thickness skin graft inlay urethroplasty to treat strictures greater than 4 cm in length. The skin grafting was used due to limited supply of buccal mucosa available to repair longer strictures. This technique was found to have higher failure rates than double BMGs in shorter strictures, but was felt to be optimal in strictures over 6 cm in length (22).

Treatment algorithm for inlay grafting

An important question to ask is when to perform an Asopa urethroplasty? As mentioned earlier, it is a technique that is used on the anterior urethra (specifically the penile urethra). Options to repair a penile urethral stricture include the Asopa (dorsal inlay urethroplasty), the Barbagli (dorsal onlay urethroplasty), ventral onlay urethroplasty, as well as several staged techniques. Each technique has advantages and disadvantages and the superiority of one approach over another has yet to be clearly defined.

In our experience, the key to when to use the dorsal inlay technique all depends on the width of the urethral plate once the urethrotomy is performed, stricture etiology, and stricture location (penile *vs.* bulb). We have found that it is best to perform an Asopa urethroplasty when the urethral plate is ≥ 1 cm in width. When a graft that is 2 cm wide is combined with a urethral plate that is 1 cm wide and the edges are tubularized, a urethral lumen of approximately 24 Fr will be obtained. If the urethral plate is < 1 cm in width, a lumen of less than 24 Fr will be obtained. It is nearly impossible to perform an Asopa if the plate is < 5 mm wide, since there are no remaining edges to sew to. One way to estimate this preoperatively is by checking to see if the urethral lumen will accommodate an ureteroscope or a pediatric cystoscope. If not, then the urethral lumen is < 10 Fr, and depending on stricture length, a double grafting technique, anastomotic or staged urethroplasty should be considered.

Aldaqadossi *et al.* conducted a prospective randomized trial of 47 patients that compared the dorsal onlay technique of Barbagli and the dorsal inlay technique of Asopa. During their follow-up period, they observed an overall success rate of 88% in the dorsal onlay group and 86.4% success rate in the dorsal inlay group. The two main differences were operative time (205 ± 19.6 *vs.* 128 ± 4.9 min, $P < 0.0001$) and estimated blood loss (228 ± 5.3 *vs.* 105 ± 12.0 mL), respectively. They concluded that dorsal onlay and dorsal

inlay urethroplasty techniques provide similar success rates, but the Asopa technique is easier to perform, provides a shorter operative time and less blood loss (23). In their editorial comment, Tausch and Morey point out that this is most likely because the Barbagli technique requires more extensive urethral mobilization which can be more time consuming and complicated by spongiofibrosis and corporal adhesions (24). In a similar study, Pahwa *et al.* randomized 40 patients to undergo either a dorsal onlay BMG urethroplasty *vs.* a dorsal BMG urethroplasty by ventral urethrotomy. They found that there was no statistically significant difference in final outcome using either method (25). For bulbar urethral strictures, Barbagli *et al.* found that the placing the BMG on the dorsal, ventral, or lateral surface of the bulbar urethra yielded similar success rates (26).

Wang *et al.* sought to compare outcomes of dorsal *vs.* ventral onlay urethroplasty for anterior urethral strictures by conducting a meta-analysis that included 1,263 cases published in 49 studies. They found that the success rates of ventral onlay urethroplasty (750 cases) was 82.5% and that of dorsal onlay urethroplasties (513 cases) was 86.9% ($P = 0.034$). BMG had the highest rate of success and rates were similar between both dorsal and ventral groups (89.2% *vs.* 87.6%, $P = 0.472$). The dorsal onlay success rate was higher than ventral for the free skin graft technique (84.7% *vs.* 74.7%, $P = 0.016$). They also found that bulbar urethral stricture repair had an overall higher success rate when compared to penile urethral repairs (87.4% *vs.* 77.6%, $P = 0.019$) (27).

Pisapati *et al.* reported an 87% success rate using the Asopa technique with a mean follow-up period of 42 months (28). Selecting when to perform the Asopa technique is an essential key to success. In his editorial comment, Barbagli states that if the urethral plate is too narrow, the midline incision of the plate will damage the urethral mucosa. In this scenario, it is better to perform a dorsal onlay graft. He reports that the dorsal onlay technique usually widens the original urethral plate by 2.5 cm whereas the dorsal inlay technique only provides 1.5 cm widening of the original urethral plate. This is particularly important in patients with lichen sclerosus who have a high stricture recurrence rate. Therefore, the decision to perform a dorsal inlay *vs.* dorsal onlay should be driven by stricture etiology and width of the original urethral plate (29).

Conclusions

The dorsal inlay urethroplasty also known as the ventral

sagittal urethrotomy approach for dorsal free graft urethroplasty (Asopa) can be utilized to repair long and multiple anterior urethral strictures. Depending on the location of the stricture, the approach utilized can be a circumferential or non-circumferential penile incision, a penoscrotal incision, or a perineal incision. The main difference between the Asopa (dorsal inlay technique) and the Barbagli (dorsal onlay technique) is that the Asopa technique preserves the blood supply to the urethral plate (circumflex and perforating arteries) since the urethral plate halves are not dissected off the corpora. If the urethral plate is too narrow (i.e., less than 1 cm), it is better to perform another approach such as the Barbagli (dorsal onlay technique) to help widen the urethral plate. The decision to perform a dorsal inlay vs. onlay should be driven by the width of the urethral plate, stricture location, and stricture etiology.

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